myTAP Vertical Shim Instructions





INTENDED USE

The **myTAP** vertical shims are an optional comfort accessory to the **myTAP** oral appliance. They increase the vertical opening of the mouth and come in small, medium and large sizes that progressively increase the opening of the mouth.

ASSEMBLY

To assemble remove the lower tray from the upper tray and slide the shim over the grey threaded shaft of the lower tray. The sizing letter (S, M or L) should be located on top of the lower tray orientated towards the mouth. Reassemble the upper and lower trays of your myTAP, back to the original position, before use.

Only one shim should be used at a time.

CLEANING

Refer to **myTAP** instructions for cleaning and warnings.