Size	Lens Width	Bridge	Temple	Width	Lens Height
Small	50 mm	17 mm	140 mm	127 mm	38 mm
Regular	53 mm	17 mm	140 mm	137 mm	40 mm
Large	55 mm	17 mm	150 mm	142 mm	44 mm

Swannick Classic Day Swannies Size Guide

How to Adjust Acetate Swannies

Swannies are made from cellulose acetate, a material that can have its shape adjusted multiple times through the use of heat. Most eyewear stores and optometrists are willing to perform these adjustments, often for free or for a very low fee. You may also adjust your Swannies yourself by following these steps:

- Set the Swannies on a flat surface while they are open, so the bottom of the frame is touching the surface. If they sit unevenly on the surface, such that one arm is lifted off of the surface, notice which arm lifts off of the surface to identify which way they need to be adjusted. You can also adjust the frame to fit looser or tighter on the head, or adjust the arms to fit more closely over the ears.
- 2. Obtain a personal hair dryer. If the hair dryer has an attachment that makes the stream of air come out of a smaller nozzle, use that. If not, do not use any attachment.
- 3. Turn the hair dryer on, and set it to full heat. If you want to adjust an uneven frame or adjust the width of the frame, point the dryer at the bridge of the glasses, which is the strip of frame sitting between the two lenses. If you want to adjust the way the arms fit over your ears, point the dryer at the outer arms of the frame. Don't let the dryer touch the glasses. Keep the dryer on for about one minute. Then, turn off the dryer.
- 4. Using your hands, apply pressure to gently move the glasses in the way needed to adjust them as desired. To adjust an uneven frame, gently twist the side of the frame that lifted off of the flat surface earlier away from you, while gently pulling the other side of the frame toward you. To alter the width of the frame, either gently push the glasses outward to widen the frame or inward to make it more narrow. To adjust the outer arms, grasp one at a time and push them downward.
- 5. After making adjustments to the glasses, set them back down on a flat surface and let them sit for a few minutes to cool. If you want to make multiple types of adjustments, do one type of adjustment, let the glasses cool, then do another type of adjustment.